


# BRUSHING YOUR TEETH

<p>Get tooth brush and tooth paste</p> 	<p>Open toothpaste lid</p> 	<p>Put toothpaste on brush</p> 	<p>Put tooth brush in mouth</p> 
<p>Brush outside top teeth</p> 	<p>Brush inside top teeth</p> 	<p>Brush outside bottom teeth</p> 	<p>Brush inside bottom teeth</p> 
<p>Spit out toothpaste in basin</p> 	<p>Rinse tooth brush</p> 	<p>Put away toothbrush and toothpaste</p> 	<p>Wipe your mouth</p> 